

FOODS & NUTRITION (FN)

FN 199 Selected Topics: Foods & Nutrition (1-4 Credits)

Provides a learning experience in foods and nutrition not currently available; this course is in development to be proposed as a permanent course.

FN 225 Human Nutrition (4 Credits)

Introduces the science of nutrition, stressing characteristics of nutrients and their food sources. Examines digestion, absorption, and metabolism of nutrients. Includes individualized diet analysis and current-interest topics like weight management and some disease therapies. Emphasizes use of scientific research criteria for evaluation of current nutrition articles.

FN 298 Independent Study: Foods and Nutrition (1-6 Credits)

Prerequisites: Instructor approval required.

Recommended preparation: Prior coursework in the discipline.

Individualized, advanced study in [insert subject] to focus on outcomes not addressed in existing courses or of special interest to a student. P/ NP grading.

FN 299 Selected Topics: Foods & Nutrition (1-4 Credits)

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