

BH 101 : INTRODUCTION TO BEHAVIORAL HEALTH AND HUMAN SERVICES

Transcript title

Intro to Behavioral Health/HS

Credits

4

Grading mode

Standard letter grades

Total contact hours

40

Lecture hours

40

Recommended preparation

WR 121Z.

Course Description

Introduces the behavioral health and human services professions. Helps students evaluate their fit within the human services field. Highlights self-understanding and individual compatibility with behavioral health occupations. Emphasizes prevention, early intervention concepts and programs, significance of social justice and multicultural equity.

Course learning outcomes

1. Explain the roles of behavioral health and human service agencies within the community.
2. Utilize tools of reflection for career assessment and self-awareness.
3. Describe professional skills and attitudes necessary for effective human service workers.
4. Identify the significance of social justice and multicultural equity in the practices of the human services profession.

Content outline

1. Part I: DEFINING HUMAN SERVICES.
 - a. An Introduction to Human Services.
 - b. The Human Service Professional.
2. Part II: GUIDING HUMAN SERVICE PRACTICE.
 - a. The History of Advocacy in Human Services.
 - b. Human Services and Ethical Practice.
 - c. Multicultural Dimensions of Helping.
3. Part III: THE PRACTICE OF HUMAN SERVICES.
 - a. Models of Service Delivery.
 - b. The Helping Process.
 - c. The Client.
4. Part IV: WORKING IN THE FIELD OF HUMAN SERVICES.
 - a. Working Within a System.
 - b. Human Services Today.

Required materials

Textbook.

General education/Related instruction lists

- Social Science