BH 200: INTRODUCTION TO ADDICTIONS

Transcript title

Introduction to Addictions

Credits

4

Grading mode

Standard letter grades

Total contact hours

40

Lecture hours

70

Recommended preparation

WR 121Z.

Course Description

Provides a broad overview of the field of addictions. Describes the etiology of addiction, the signs and symptoms of addiction, the continuum of addictive behaviors, treatment, prevention, recovery and relapse. Will examine similarities and differences between chemical/substance addictions and behavioral/process addictions.

Course learning outcomes

- 1. Explain how social, political, economic, cultural systems, as well as gender and lifestyle, impact substance and process abuse.
- $2. \ Articulate \ how \ legal \ considerations \ have \ impacted \ substance \ use \ behaviors \ through \ history.$
- 3. Describe screening, diagnostic criteria, intervention and treatment processes for substance and process abuse.
- 4. Analyze similarities and differences between substance abuse and process disorders.

Content outline

- 1. Nature of Addictions
- 2. Historical Perspectives
- 3. Substances and the Body Co-occurring Issues
- 4. Behavioral/Process Addictions
- 5. Addiction Across the Lifespan
- 6. Screening and Assessment
- 7. Strengths and Evidence Based Helping
- 8. Groups
- 9. Families
- 10. Diversity and Addiction
- 11. Public Policy

Required materials

Textbook(s) may be required.

General education/Related instruction lists

· Social Science