

# BH 204 : YOUTH, FAMILY, & ADDICTION

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## Transcript title

Youth, Family, Addiction

## Credits

4

## Grading mode

Standard letter grades

## Total contact hours

40

## Lecture hours

40

## Recommended preparation

WR 121Z.

## Course Description

Introduces adolescent biopsychosocial development and evaluates the effects of addiction on that development. Examines how substance use disorders impact family systems. Includes topics such as, etiology of substance use disorders within the family, impact upon members of the system and its dynamics, intervention and treatment approaches, and long-term recovery issues. Presents strategies and behaviors that family members, couples, and significant others must adopt in order to assist in sustaining recovery and healthy relationships will be outlined.

## Course learning outcomes

1. Describe social, emotional, relational development for youth and families.
2. Describe assessment strategies and possible interventions for youth and families encountering addiction issues.
3. Articulate the biopsychosocial-spiritual model as it relates to youth, families, adverse child experiences and risk for addictive behaviors.
4. Demonstrate a basic understanding of how certain factors impact family functioning.

## Content outline

1. Predisposing risk factors
2. Protective factors
3. Family Systems Theories
4. Attachment and relationships, including attachment trauma
5. Family Recovery Stages
6. Screening, assessment and treatment options
7. Peer/family/environmental contextual variables, Concept of self, self-esteem, self-efficacy, connectedness

## Required materials

Textbook(s) may be required.