

BH 206 : GROUP COUNSELING SKILLS FOR HELPING PROFESSIONALS

Transcript title

Group Counseling Skills

Credits

4

Grading mode

Standard letter grades

Total contact hours

40

Lecture hours

40

Recommended preparation

WR 121Z.

Course Description

Provides an introduction to social and interpersonal influences on behavior, group dynamics, developmental stages of a group, and an overview of theoretical approaches to group counseling. Emphasis is on developing group leadership skills.

Course learning outcomes

1. Describe relevance, utility, and application of group work to the counseling profession.
2. Identify ethical guidelines and problems related to group work.
3. Analyze group stages, process, and dynamics.
4. Examine characteristics of group leaders that affect group process and demonstrate personal awareness of own strengths, weaknesses, values, and prejudices and the effects on others.

Content outline

1. Introduction to Group Work: A Multicultural Perspective.
2. The Group Counselor.
3. Ethical and Legal Issues in Group Counseling.
4. Theories and Techniques of Group Counseling.
5. Forming a Group.
6. Initial Stage of a Group.
7. Transition Stage of a Group.
8. Working Stage of a Group.
9. Final Stage of a Group.
10. Groups in Community Settings.

Required materials

Textbooks.

General education/Related instruction lists

- Human Relations
- Social Science