# **BH 210: CO-OCCURRING DISORDERS**

### **Transcript title**

Co-Occurring Disorders

#### **Credits**

4

# **Grading mode**

Standard letter grades

#### **Total contact hours**

40

#### **Lecture hours**

40

# **Recommended preparation**

WR 121Z.

### **Course Description**

Recognize and differentiate symptoms and treatment of addictive disorders and mental health issues. Develop knowledge, skills, and theoretical frameworks applicable to co-occurring disorders. Understand best practice models and integrated treatment for co-occurring disorders.

# **Course learning outcomes**

- 1. Demonstrate an understanding of the role of diagnosis, how it is made, and how to differentiate between diagnoses.
- 2. Describe culturally appropriate treatment for people with co-occurring disorders.
- 3. Demonstrate an understanding of how mental health disorders in people with substance-related addictive disorders inform the needs of clients and their treatment.
- Describe ethical and legal issues for appropriate decision making and working in scope of practice.
- 5. Identify the process for integrated treatment systems for clients with co-occurring disorders.

#### **Content outline**

- 1. Co-occurring mental health and substance use disorders
- 2. Integrated treatment
- 3. Assessment
- 4. Engagement and Relationship in counseling
- 5. Goals, Plans, Level of care
- 6. Treatment models
- 7. Wellness
- 8. Risk assessment

### **Required materials**

Textbooks.