

HD 100VC : VALUES CLARIFICATION

Transcript title

Values Clarification

Credits

1

Grade mode

Standard letter grades

Contact hours total

10

Lecture hours

10

Description

Designed to assist students in defining the motivation behind their college investment and develop a compelling academic plan integrated with their personal life plan. Students will identify their key motivators (values), assess current life choices and roles in the framework of the defined values, develop a plan of action that realistically supports success, choose action steps resulting in the achievement of defined outcomes, and develop strategies to continually reassess and measure academic/personal success.

Learning outcomes

1. Identify and prioritize personal values
2. Recognize and apply defined values to daily decision making
3. Integrate defined values into choice and action
4. Evaluate daily activities within the framework of defined personal values
5. Design a vision that upholds those identified values
6. Revise and re-evaluate core values within the context of presented opportunities