

# HD 130 : INTRODUCTION TO HEALTH CAREERS

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## Transcript title

Intro to Health Careers

## Required materials

Textbook may be required.

## Credits

2

## Grading mode

Standard letter grades

## Total contact hours

20

## Lecture hours

20

## Course Description

Introduces a comprehensive range of healthcare professions. Provides tools and resources for making informed career decisions. Covers assessing skills, values, interests, barriers, education, and training as well as professional requirements, licensing requirements, and approaches to decision-making. Explores essential skills required for successful, competent, and patient-centered healthcare practitioners.

## Course learning outcomes

1. Identify careers in health care, including educational and licensing requirements, wage outlook, employment outlook, and employer expectations
2. Compare the health-related programs and focus areas available at COCC, including course and performance requirements, application processes, and transitions to professional programs of study as applicable
3. Assess current interests, skills, values, work preferences, and career assessment tools and connect results to labor market information (LMI) to make informed career decisions
4. Identify skills and abilities necessary for successful, competent, and patient-centered healthcare practitioners

## Content outline

- Mindset and Career Planning
- Overview of Career Clusters in health care
- Identifying Educational and Training Pathways
- Requirements of health care occupations
- Self-Awareness - interests, values, skills, preferences
- Career and Educational Research resources and tools
- How to obtain early experience in health care
- Decision-Making Process
- Goal setting and action planning
- Develop a student education plan
- Diversity and cultural competence in health care
- Self-care and wellness as a healthcare provider
- Employability concepts in health care, including professionalism, ethics, and communication