

HHP 252 : FIRST AID & AHA BASIC LIFE SUPPORT PROVIDER CPR

Transcript title

First Aid BLS Provider CPR

Credits

3

Grade mode

Standard letter grades

Contact hours total

30

Lecture hours

30

Recommended preparation

[WR 065](#) or [WR 121](#) or minimum placement Wr/Comm Level 9.

Description

First Aid CPR instruction. First aid includes: immediate and temporary care for a wide variety of injuries, illnesses, conditions. CPR includes: patients of all ages; ventilation with a face shield, pocket mask and a bag-mask device; use of an automated external defibrillator (AED); relief of choking; both one- and two-person CPR; and compression-only CPR. Practical exam includes individual hands-on testing; successful completion of course results in National Safety Council Standard First Aid - card valid for three years and American Heart Association (AHA) Basic Life Support (BLS) for Provider Adult Pediatric CPR - card valid for two years.

Learning outcomes

1. Explain the relationship between human behavior and health.
2. Explain the legal ramifications of rendering aid in emergency situations.
3. Identify the emergency action principles involved in scene assessment and victim evaluation.
4. Recognize the signs and symptoms of common medical emergencies including shock, heart attack, stroke, diabetic emergencies, heat exhaustion, heat stroke, hypothermia, unstable injuries (fractures and dislocations), poisoning, and possible spine injury.
5. Select and perform appropriate first aid techniques/treatments for common medical emergencies including bleeding control, wound care, seizures, burns, heart attack, stroke, diabetic emergencies, heat exhaustion, heat stroke, hypothermia, poisoning, splinting of fractures, head injuries, and spine stabilization.
6. Demonstrate the Adult Pediatric Basic Life Support procedures for airway obstruction in the conscious and unconscious patient, rescue breathing, and cardiopulmonary resuscitation (CPR).
7. Demonstrate the techniques needed for use of an automated external defibrillator (AED) device in accordance with the updated CPR guidelines.

Content outline

First aid:

Immediate and temporary care for a wide variety of injuries, illnesses, conditions and events

CPR:

Victims of all ages

Ventilation with a face shield, pocket mask and a bag-mask device

Use of an automated external defibrillator (AED)

Relief of choking

Both one- and two-person CPR

Compression-only CPR

Required materials

Textbook required.

Grading methods

To receive the NSC First Aid Card, you must get 80% total on First Aid Exams 1 and 2 and be proficient in the skill testing for Bandaging and Splinting; to receive your AHA BLS Provider Card, you must successfully complete all skill check evaluations, and score at least 84% on the written class exam.

General education/Related instruction lists

- Health