

# HS 200 : INTRODUCTION TO ADDICTIONS

---

## Transcript title

Introduction to Addictions

## Credits

3

## Grade mode

Standard letter grades

## Contact hours total

30

## Lecture hours

30

## Recommended preparation

or to be taken with [WR 121](#).

## Description

Provides a broad overview of the field of addictions. Describes the etiology of addiction, the signs and symptoms of addiction, the continuum of addictive behaviors, treatment, prevention, recovery and relapse.

## Learning outcomes

1. Explain how social, political, economic, cultural systems, gender, and lifestyle impact substance use disorders and process disorders.
2. Describe the history of legal and illegal substances.
3. Describe established diagnostic criteria for substance use disorders.

## Content outline

Nature of Addictions  
Historical Perspectives  
Substances and the Body  
Co-occurring Issues  
Behavioral Addictions  
Addiction Across the Lifespan  
Screening and Assessment  
Strengths and Evidence Based Helping  
Groups  
Families  
Diversity and Addiction  
Public Policy

## Required materials

Textbook/s.

## Grading methods

Grades may be determined by quizzes, exams, papers, presentations and participation.