

# HS 201 : FAMILIES AND ADDICTIONS

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## Transcript title

Families and Addictions

## Credits

3

## Grade mode

Standard letter grades

## Contact hours total

30

## Lecture hours

30

## Recommended preparation

WR 121.

## Description

Examines how substance use disorders impact family systems. Topics will include etiology of substance use disorders within the family, impact upon members of the system and its dynamics, intervention and treatment approaches, and long-term recovery issues. Strategies and behaviors that family members, couples, and significant others must adopt in order to assist in sustaining recovery and healthy relationships will be outlined.

## Learning outcomes

1. Demonstrate a basic theoretical understanding of what produces more functional and less functional families.
2. Illustrate the importance of family, social networks and community systems in the treatment and recovery process.
3. Describe models of assessment and potential interventions (within scope of practice) for families and significant others, including extended, kinship, or tribal family structures.
4. Define ethical practice (scope of practice) and application of family intervention for substance (or process) abuse.

## Content outline

Family Systems theories  
Attachment  
Families in recovery

## Required materials

Textbooks

## Grading methods

Quizzes, midterm exam, final exam, projects, papers.