

# HS 206 : GROUP COUNSELING SKILLS FOR HUMAN SERVICES

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## Transcript title

Group Counseling Skills

## Credits

4

## Grading mode

Standard letter grades

## Total contact hours

40

## Lecture hours

40

## Recommended preparation

WR 121Z.

## Course Description

Provides an introduction to social and interpersonal influences on behavior, group dynamics, developmental stages of a group, and an overview of theoretical approaches to group counseling. Emphasis is on developing group leadership skills.

## Course learning outcomes

1. Describe relevance, utility, and application of group work to the counseling profession.
2. Identify ethical guidelines and problems related to group work.
3. Analyze group stages, process, and dynamics.
4. Examine characteristics of group leaders that affect group process and demonstrate personal awareness of own strengths, weaknesses, values, and prejudices and the effects on others.

## Content outline

1. The Counselor: Person and Professional
2. Ethical Issues
3. Multicultural Issues
4. Theories and Techniques
5. Stages of Group Development

## Required materials

Textbooks.

## General education/Related instruction lists

- Social Science