

# HS 208 : MULTICULTURAL ISSUES IN HUMAN SERVICES

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## Transcript title

Multicultural Issues Hum Serv

## Credits

4

## Grading mode

Standard letter grades

## Total contact hours

40

## Lecture hours

40

## Prerequisites

HS 101 and WR 121.

## Course Description

Presents the foundations for developing the skills and sensitivities needed to practice as culturally alert counselors. Explores issues and trends related to culture, ethnicity, race, nationality, age, gender, sexual orientation, mental and physical abilities/disabilities, education, religious and spiritual values, immigrant dynamics, and socioeconomic factors which influence counseling relationships, process, and treatment outcomes. Encourages students to engage in self-exploration around their own cultural identities and their responses to issues of diversity including bias, oppression, discrimination and the role of privilege.

## Course learning outcomes

1. Describe the ways in which individual identities worldviews, values, and biases are shaped by multiple cultural influences.
2. Identify and explain the intersectionalities of one's own and others' cultural identities.
3. Demonstrate awareness of one's own cultural identities and biases and the manner in which these factors influence their helping practice.
4. Demonstrate oral, written, and nonverbal communication strategies for empathically and effectively working with others by including clients' cultural identities in the process.
5. Describe the social and cultural identities which every person brings to their meaning-making (race, ethnicity, class, gender, sexual orientation, physical abilities, age, religion/spirituality) and the salience of these identities.
6. Explain racism, prejudice, oppression, and privilege and the effects of these factors on themselves and those with whom they work.

## Content outline

- Diversity in Mental Health Practice
- Multicultural Competencies: Knowledge, Skills and Attitudes
- Identities as Status
- Racism, Prejudice, and White Privilege
- Socioeconomic Class
- Gender

- Sexuality
- Disability
- Spirituality

## Required materials

Textbooks.

## General education/Related instruction lists

- Human Relations
- Social Science
- Cultural Literacy