

HS 250 : PROCESS ADDICTIONS

Transcript title

Process Addictions

Credits

4

Grade mode

Standard letter grades

Contact hours total

40

Lecture hours

40

Recommended preparation

or to be taken with [WR 121](#).

Description

Provides an overview of the history, theory, and current research perspectives in the etiology, assessment, diagnosis and treatment of behavioral/process addictions. Specific attention paid to examining similarities and differences between chemical/substance addictions and behavioral/process addictions.

Learning outcomes

1. Recognize the signs and symptoms of behavioral/process addictions in various contexts.
2. Identify and discuss key similarities and differences between substance addictions and behavioral/process addictions.
3. Describe screening, diagnosis, intervention and treatment processes.
4. Evaluate personal attitudes and beliefs related to working with process addictions.

Content outline

Behavioral Addictions
Gambling
Technology
Sex
Food
Exercise
Work
Shopping

Required materials

Textbook or related peer review journal articles.

Grading methods

Grades may be determined by discussions (facilitation and participation), quizzes, paper and journals, presentation, midterm exam and final exam.