

# LMT 170 : PROFESSIONAL ETHICS AND RULES

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## Transcript title

Professional Ethics Rules

## Credits

2

## Grading mode

Standard letter grades

## Total contact hours

20

## Lecture hours

20

## Corequisites

LMT 130, LMT 155.

## Recommended preparation

BI 105 or BI 231; WR 065 or higher or placement in Wr/Comm Level 7;  
MTH 015 or higher or minimum placement in Math Level 7.

## Course Description

Explores professional and ethical boundaries governing massage therapy practice. Examines and discusses Oregon Administrative Rules and Revised Statutes applicable to licensed massage therapists.

## Course learning outcomes

1. Discuss the Oregon Board of Massage Therapist rules and statures that govern the practice of massage therapy.
2. Assess personal needs, behaviors, beliefs, attitudes, and knowledge relevant to the practice of massage therapy and bodywork.
3. Identify how personal and cultural values, attitudes, and ethics influence professional values, attitudes, and ethics.
4. Define and demonstrate active listening, rapport, empathy, and feedback.
5. Identify strategies to effectively deal with emotional and behavioral client responses to massage therapy and bodywork treatment.
6. Describe the principles of conflict resolution and apply conflict resolution skills effectively in the client-therapist relationship.
7. Discuss the importance and characteristics of professional boundaries including cultural differences as it relates to the practice of a massage therapy.
8. Explain the boundaries of touch and intimacy as it applies to massage therapy and bodywork.

## Content outline

1. Ethical foundations
2. Boundaries
3. Dual relationships and sequential relationships
4. Benefits and risks
5. Dynamics of effective communication
6. Touch and intimacy discussion

7. Rules and laws
8. Practice management and team management
9. Business ethics
10. Support systems

## Required materials

Textbook required.