

# LMT 210 : COMMUNITY OUTREACH

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## Transcript title

Community Outreach

## Credits

2

## Grading mode

Pass/No Pass grades

## Total contact hours

30

## Lecture hours

10

## Other hours

20

## Recommended preparation

LMT 190.

## Course Description

Focuses on serving the needs of employees and residents of the community by providing massage therapy in an externship setting. May utilize research topics, case studies, and assessment skills to provide a high level of care to address specific needs. P/NP grading.

## Course learning outcomes

1. Utilize SOAP charting and written evaluations when appropriate.
2. Communicate professionally in written and verbal forms within a variety of workplace settings.
3. Assess client pathologies, indications, and contraindications pertaining to diverse populations.
4. Demonstrate techniques within the scope of training and practice commonly recognized in the profession of massage therapy.
5. Analyze case studies, research articles, and peer reviewed journals relative to massage therapy clientele.

## Content outline

1. Meet at offsite location weeks 1-10.
2. Minimum 3 journals.
3. Final paper due week 11.

## Required materials

Massage chair, professional attire, sanitizing wipes.