

# LMT 229 : JAPANESE FACIAL MASSAGE

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## Transcript title

Japanese Facial Massage

## Credits

1

## Grade mode

Pass/No Pass grades

## Contact hours total

20

## Other hours

20

## Description

Japanese Facial Massage combines massage and acupressure to reduce muscular tensions, increase blood and energy flow, while restoring elasticity to the skin. P/NP grading.

## Learning outcomes

1. Explain the origins of Japanese facial massage
2. Perform a Japanese facial treatment
3. Demonstrate appropriate ergonomics while performing a Japanese facial massage
4. Demonstrate universal sanitation when using facial stones
5. Analyze health issues that may contraindicate a Japanese facial massage session