

NUR 106 : NURSING I

Transcript title

Nursing I

Credits

12

Grading mode

Standard letter grades

Total contact hours

200

Lecture hours

80

Lab hours

30

Other hours

90

Prerequisites

department approval based on admission to the nursing program.

Course Description

Introduces fundamental concepts of nursing practice including nursing process, critical thinking, therapeutic communication, and cultural considerations. Students will have the opportunity to begin learning about patients with altered states of health. Students will become familiar with the major drug classifications and develop a working knowledge of pharmacological principles. The skills lab focuses on assessment and development of a core set of beginning level nursing skills. The clinical practicum provides students with the opportunity to apply knowledge and clinical skills to the adult patient with basic nursing care needs. First term of the practical nurse sequence and of the nursing program.

Course learning outcomes

1. Nurse as Health Promoter and Care Provider: Apply assessment steps of the nursing process and meet fundamental care and comfort needs for one patient.
2. Nurse as Care Manager: Participate as a team member in the delivery of basic care.
3. Nurse as Professional Colleague: Incorporate behaviors of the professional nurse including ethical, legal and professional scope of practice, professional communication, collaboration, and career development.
4. Nurse as Quality Care Advocate: Participate in the delivery of evidence-based fundamental nursing care interventions and acquire skills for electronic documentation of patient assessment.

Content outline

1. CONCEPTS:
 - a. Biophysical:
 - i. Comfort
 - ii. Digestion
 - iii. Elimination
 - iv. Infection
 - v. Intracranial Regulation
 - vi. Mobility
 - vii. Oxygenation
 - viii. Perfusion
 - ix. Sensory Perception
 - x. Thermoregulation
 - xi. Tissue Integrity
 - b. Psychosocial:
 - i. Cognition
 - ii. Culture and Diversity
 - iii. Spirituality
 - iv. Trauma
 - c. Nursing Domain:
 - i. Assessment
 - ii. Communication
 - iii. Professional Behaviors
 - d. Healthcare Domain:
 - i. Accountability
 - ii. Advocacy
 - iii. Ethics
 - iv. Evidence Base Practice
 - v. Legal Issues
 - vi. Safety
 - vii. Pharmacology
 - viii. Pain control, migraines, anesthesia
 - ix. Bowel and Bladder Disorders
 - x. Respiratory Disorders
2. ISSUES:
 - a. Safe clinical environment
 - b. Professional boundaries
 - c. HIPAA, Mandatory Reporting/Duty to Report
 - d. Hand-off Reporting
 - e. Cultural Competence
 - f. Socialization into Nursing Conduct Derogatory to the Standards of Nursing
3. SKILLS:
 - a. Contribute to the nursing process
 - b. Integrate a fundamental skill set in the performance of case-based lab activities and patient care
 - c. Using assessment skills, collect patient data and recognize deviations from normal
 - d. Utilize therapeutic techniques to communicate with patients and families
 - e. Deliver organized patient care

- f. Utilize patient care standards in the delivery of care and teaching of patients
- g. Grow professionally through reflective practice.

Required materials

Required textbooks, computer software programs, clinic supplies, lab supplies, lab coat and nursing student uniform.