

# OL 261 : WILDERNESS FIRST RESPONDER RECERTIFICATION

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## Transcript title

WFR- Recert

## Required materials

Electronic textbook included with course

## Credits

2

## Grading mode

Standard letter grades

## Total contact hours

30

## Lecture hours

10

## Other hours

20

## Prerequisites

Instructor Approval.

## Course Description

This is a wilderness first responder recertification course designed to provide a review of current wilderness medicine and the basic skills to treat the most common injuries and illnesses encountered in the wilderness. Students are required to have completed a CPR- Adult, Child, Infant CPR course with AED certification in order to satisfy the WFR certification. Students must have a current WFR certification through an agency accredited by Wilderness Medical Society or Wilderness Medical Association, that includes a hands-on practical skill component or be within the one-year grace period of most recent WFR certification.

## Course learning outcomes

1. Evaluate the need for and appropriate method to transport a patient, including spinal immobilization.
2. Demonstrate appropriate documentation for emergencies in a wilderness setting.
3. Classify wilderness settings and attribute the need for remote medical assessments and procedures.
4. Execute a thorough assessment of a patient's injuries and illnesses in remote settings.
5. Demonstrate effective procedures of treatment for a variety of injuries and illnesses in remote settings.
6. Organize an effective evacuation plan for a patient in a remote setting.

## Content outline

1. Current trends and updates in wilderness medicine best practices
2. [Evacuations and transporting patients](#)
3. [Patient Assessment System](#)
4. [Trauma: signs/symptoms and treatment](#)
5. [Illness: signs/symptoms and treatment](#)
6. [Environmental: signs/symptoms and treatment](#)