

# OL 263 : WILDERNESS FIRST RESPONDER

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## Transcript title

WFR

## Required materials

Electronic version of text included in course fees.

## Credits

5

## Grading mode

Standard letter grades

## Total contact hours

70

## Lecture hours

30

## Other hours

40

## Course Description

This is a wilderness first responder certification course designed to provide an individual with an in-depth knowledge of wilderness medicine and the basic skills to treat the most common injuries and illnesses encountered in the wilderness. This course is appropriate for those who spend a lot of time in remote locations (professionally or recreationally). The methods and protocols presented in this class follow the Wilderness Medical Society guidelines for minimum of 70-hour certification and are specific to a wilderness setting. The Wilderness Medical Society defines wilderness as a remote geographical location more than one hour from definitive care. Students are required to have a CPR- Adult, Child, Infant with AED certification in order to satisfy the WFR certification.

## Course learning outcomes

1. Evaluate the need for and appropriate method to transport a patient, including spinal immobilization.
2. Demonstrate appropriate documentation for emergencies in a wilderness setting.
3. Classify wilderness settings and attribute the need for remote medical assessments and procedures.
4. Execute a thorough assessment of a patient's injuries and illnesses in remote settings.
5. Demonstrate effective procedures of treatment for a variety of injuries and illnesses in remote settings.
6. Organize an effective evacuation plan for a patient in a remote setting.

## Content outline

1. Defining wilderness medicine and legal terms
2. Evacuations and transporting patients
3. Patient Assessment System
4. Trauma: signs/symptoms and treatment
5. Illness: signs/symptoms and treatment
6. Environmental: signs/symptoms and treatment