

ADDICTION COUNSELING AND BEHAVIORAL HEALTH - ASSOCIATE OF APPLIED SCIENCE (AAS)

Description

The Addiction Counseling and Behavioral Health Associate of Applied Science builds on the certificate of completion, which educationally qualifies a student to sit for the Oregon Certified Alcohol and Drug Counselor (CADC) level I exam and educationally prepares students for the CADC II certification. Additionally, completion of this AAS will allow students to qualify for a pilot (2024-2029) QMHA-R certification pathway.

Program Learning Outcomes

Upon successful completion of the degree, students will be able to:

1. Describe foundational human services professional values and ethics.
2. Engage in personal learning and critical reflection to inform treatment practices for clients from diverse populations and cultures.
3. Demonstrate capacity to complete demographic, intake, and treatment documentation accurately.
4. Demonstrate professional clinical interviewing skills.
5. Implement evidence-based strategies for behavior change based on current research.
6. Demonstrate advanced ability to select evidence-based clinical interventions.

Entrance Requirements

Academic Entrance Requirements

Recommended:

- High school diploma or GED
- Completion of WR 065 Rhetoric and Critical Thinking II (or higher) or minimum placement WR/Comm Level 7
- Basic computer competency skills

Other Entrance Requirements

Required:

- Must pass a criminal background check as a condition of acceptance into a practicum for training. Students who do not pass the criminal background check may not be eligible to complete training at affiliated practicum sites, to sit for certification exams, or to be hired for some professional positions. Students with questions about their history should contact the appropriate state board or the program director.
- Some practicum sites may require documentation of current immunizations. Please contact the program director if you have any questions.

Additional Costs (Beyond Standard Tuition/Fees and Textbooks)

Material Costs

- Travel costs for practicum, three terms; costs based on location
- Mental Health and Addiction Certification Board of Oregon exams: \$75 registration fee, \$225 exam fee

- Video recording fees for two terms: approximately \$50
- Background check for practicum placement: approximately \$80

Course Requirements

Course	Title	Credits
Core Courses		
BH 101	Introduction to Behavioral Health and Human Services	4
BH 161	Ethics for Helping Professionals	4
BH 162	Effective Helping Skills I	4
BH 181	Infectious Disease and Addictions	1
BH 200	Introduction to Addictions	4
BH 206	Group Counseling Skills for Helping Professionals	4
BH 208	Multicultural Issues for Helpers	4
BH 209	Introduction to Psychological Trauma: Theory and Practice	4
BH 210	Co-Occurring Disorders	4
BH 224	Psychopharmacology	4
BH 260	Counseling Theories	4
BH 262	Motivational Interviewing: Helping Skills II	4
BH 266	ASAM Foundations and Addiction Treatment	4
BH 291	Practicum in Human Services I	4
BH 292	Practicum in Human Services II	4
BH 293	Practicum in Human Service III	4
Other Required Courses		
Choose one course from the following:		3-4
COMM 111Z	Public Speaking	
COMM 114	Argumentation and Critical Discourse	
COMM 115	Introduction to Intercultural Communication	
COMM 218Z	Interpersonal Communication	
COMM 219	Small Group Communication	
Choose from the following electives to meet a minimum of 90 overall credits		10-12
ANTH 103	Cultural Anthropology	
BI 101	General Biology: Cells & Genes	
COMM 115	Introduction to Intercultural Communication (If not previously taken)	
ED 265	Children at Risk	
HHP 266	Nutrition for Health	
HHP 295	Health and Fitness	
PHE 100	Introduction to Public Health	
PSY 201Z	Introduction to Psychology I	
PSY 202Z	Introduction to Psychology II	
SOC 204Z	Introduction to Sociology	
SOC 212	Race, Class, and Gender	
Health (4 credits with HHP or HHPA prefix) ¹		4
MTH 105Z	Math in Society (or choose one course from the foundational requirements math list)	4
WR 121Z	Composition I	4

WR 122Z	Composition II	4
or WR 227Z	Technical Writing	
Total Credits		90-93

¹ HHPA activity courses (1 credit each) are not to be duplicated.

Advising Notes

Always meet with a program specific academic advisor to ensure the most effective and efficient course and program process. Most courses in the program are only offered one time per academic year, meeting with a program advisor will support clear progression.

Performance Standards

- Academic Requirements
 - Students must have a 2.0 cumulative GPA to earn a COCC certificate or degree.
 - All courses with the BH prefix must be completed with a grade of C or higher.
- Additional Requirements
 - A student may be considered ineligible for continued enrollment in the program if the student has failed to satisfactorily complete a given Addiction Counseling/Behavioral Health course after re-enrolling in that course once (one time).

Sample Plan

First Year

Fall		Credits
BH 161	Ethics for Helping Professionals	4
BH 206	Group Counseling Skills for Helping Professionals	4
BH 210	Co-Occurring Disorders	4
WR 121Z	Composition I	4
Credits		16

Winter

BH 162	Effective Helping Skills I	4
BH 208	Multicultural Issues for Helpers	4
BH 266	ASAM Foundations and Addiction Treatment	4
WR 122Z or WR 227Z	Composition II or Technical Writing	4
Credits		16

Spring

BH 181	Infectious Disease and Addictions	1
BH 224	Psychopharmacology	4
BH 262	Motivational Interviewing: Helping Skills II	4
BH 291	Practicum in Human Services I	4
Credits		13

Summer

BH 292	Practicum in Human Services II	4
Credits		4

Second Year

Fall		
Choose one of the following:		3-4
COMM 111Z	Public Speaking	

COMM 114	Argumentation and Critical Discourse	
COMM 115	Introduction to Intercultural Communication	
COMM 218Z	Interpersonal Communication	
COMM 219	Small Group Communication	
BH 101	Introduction to Behavioral Health and Human Services	4
BH 209	Introduction to Psychological Trauma: Theory and Practice	4
BH 293	Practicum in Human Service III	4
Credits		15-16

Winter

BH 200	Introduction to Addictions	4
Elective		3-4
Elective		4
Credits		11-12

Spring

BH 260	Counseling Theories	4
Elective		3-4
Health (4 credits with HHP/HHPA prefix)		4
MTH 105Z	Math in Society	4
Credits		15-16
Total Credits		90-93