

BEHAVIORAL HEALTH - ASSOCIATE OF ARTS OREGON TRANSFER (AAOT)

Description

The Associate of Arts Oregon Transfer with a focus in Behavioral Health prepares students to work for organizations that serve people in need. Students taking Behavioral Health classes learn the theories, principles, and practice of providing services. Behavioral Health jobs can include substance abuse counselor, youth worker, mental health aide, or probation officer and provide services to schools, prisons, government agencies, and nonprofit organizations. Taking classes in the Behavioral Health program is a great opportunity for students interested in becoming counselors/therapists (clinical psychology) or social workers to explore the field early in their educational career.

Statewide General Education Student Learning Outcomes

Please see the [General Education page](#) for statewide general education student learning outcomes.

Entrance Requirements

While this degree has no formal entrance requirements, individual courses may have prerequisites which must be met before enrollment.

Course Requirements

Course	Title	Credits
General Education/Foundational		
<u>Health:</u>		
Choose 3 credits ¹		3
<u>Mathematics:</u>		
Choose one course		4
<u>Oral Communication:</u>		
Choose one course		3-4
<u>Writing:</u>		
WR 121Z	Composition I	4
WR 122Z	Composition II	4
or WR 227Z	Technical Writing	
General Education/Discipline studies		
<u>Cultural Literacy:</u>		
One course from the following categories must be designated as cultural literacy on the Discipline Studies list (credits count once).		
<u>Arts and Letters:</u>		
Choose three courses from at least two prefixes		9-12
<u>Social Science:</u>		
Choose four courses from at least two prefixes		12-16
Recommend: BH 101, BH 206, BH 209		
<u>Science/Math/Computer Science:</u>		
Choose four courses from at least two prefixes including at least three laboratory courses in biological and/or physical science		12-20
Recommend: BH 224		
Electives		

Choose any course numbered 100 or above that brings the total credits to 90 quarter hours. This may include up to 12 credits of Career and Technical Education courses designated by COCC as acceptable. Recommended courses: BH 161, BH 162, BH 208, BH 210, and BH 260. ^{2,3}

Total Credits **90-106**

¹ HHPA activity courses (1 credit each) are not to be duplicated.

² BH 208 Multicultural Issues for Helpers is recommended to meet cultural literacy requirement.

³ Other Human Services/ Addiction Studies Certificate courses are related courses to consider; 32 credits may be applied toward elective credits.

Advising Notes

Locally, Oregon State University - Cascades offers a Bachelor's Degree in [Human Development and Family Science, Human Services option](#). This degree requires careful and accurate planning of the first 90 credits. Working closely with a COCC academic advisor is highly recommended.

Another option is [Portland State University's Bachelor Degree in Social Work \(BSW\) online program](#). This program has flexibility in transfer course work and prepares students for the local master's in social work program for students interested in continuing their education.

Students pursuing a bachelor of arts (as opposed to a bachelor of science) after transfer should consider completing three terms of a 200-level language course. The 100-level language courses will count as electives. The 200-level language courses will partially fulfill the Arts and Letters requirement.

Performance Standards

- Academic Requirements:
 - Students must have a 2.0 cumulative GPA to earn a COCC certificate or degree.
- Options for additional standards:
 - All courses in the program must be completed with a grade of C or higher.

Sample Plan

First Year		Credits
Fall		
Discipline Studies Social Science (recommend BH 101)		4
Mathematics (recommend MTH 105Z)		4
<u>Oral Communication:</u>		3-4
WR 121Z	Composition I	4
Credits		15-16
Winter		
Discipline Studies Arts & Letters		3-4
Elective (recommend BH 162)		4
Health (3 credits with HHP or HHPA prefix)		3

WR 122Z or WR 227Z	Composition II or Technical Writing	4
Credits		14-15
Spring		
Discipline Studies Arts & Letters		3-4
Discipline Studies Laboratory Science		3-5
Discipline Studies Science/Math/Computer Science (recommend BH 224)		4
Discipline Studies Social Science		4
Elective		3-4
Credits		17-21
Second Year		
Fall		
Discipline Studies Social Science (recommend BH 206)		4
Discipline Studies Social Science (recommend BH 209)		4
Elective (recommend BH 161)		4
Elective (recommend BH 210)		4
Credits		16
Winter		
Discipline Studies Arts & Letters		3-4
Discipline Studies Laboratory Science		3-5
Elective (recommend BH 208) ¹		4
Elective		3-4
Credits		13-17
Spring		
Discipline Studies Laboratory Science		3-5
Elective (recommend BH 260)		4
Elective		4
Elective		4
Credits		15-17
Total Credits		90-102

¹ BH 208 Multicultural Issues for Helpers is recommended to meet cultural literacy requirement.