BAKING AND PASTRY ARTS - ASSOCIATE OF APPLIED SCIENCE (AAS)

Description

The Baking and Pastry Arts Associate of Applied Science is designed to expose students to the step-by-step process, from foundation to advanced skills, of classical and contemporary baking and pastry techniques and to serve as a competency-based learning experience that prepares students for a successful career in the hospitality industry.

The program is accredited by the American Culinary Federation.

Program Learning Outcomes

Upon successful completion of the degree, students will be able to:

- 1. Synthesize the process of classical and contemporary baking and pastry techniques.
- 2. Apply flavor profiling, ingredient selection, nutrition, and presentation principles.
- 3. Use equipment specific to the baking and pastry industry.
- 4. Apply diligent food and beverage management, leadership, customer service, and interpersonal skills.
- 5. Apply rigorous food safety and sanitation practices.
- 6. Demonstrate basic measuring, conversion, food costing, and yield management practices.
- 7. Use terminology and communication protocols specific to the baking and pastry industry.

Entrance Requirements

Academic Entrance Requirements

- Completion of or concurrent enrollment in WR 121Z Composition I or BA 214 Business Communications
- Completion of MTH 015 Basic Mathematics or minimum placement Math Level 7

Additional Costs (Beyond STandard Tuition/Fees and Textbooks)

Material Costs

- Oregon Liquor Control Commission service permit: \$28.65
- · Knives, uniforms, and additional supplies: approximately \$1,500

Enrollment Fees

• Specified courses: \$185 per credit fee for lab and consumable materials (see <u>degree requirements</u> (p. 1) for courses with these fees indicated with: *courses*¹)

Course Requirements

| Course | Title | Credits |
|--------------|---|---------|
| Core Courses | | |
| BAK 110 | Baking and Pastry Foundations I ¹ | 4 |
| BAK 130 | Nutrition and Baking for Special Diets | 3 |
| BAK 140 | Baking and Pastry Foundations II ¹ | 4 |
| BAK 170 | Baking and Pastry Foundations III $^{ m 1}$ | 4 |

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|------------------|---|-------|
| BAK 181 | Custards and Frozen Desserts | 4 |
| BAK 210 | Modern Sugar and Chocolate Decor | |
| BAK 215 | Laminated Dough and Viennoiserie | |
| BAK 220 | Wedding Celebration and Specialty Cakes ¹ | |
| BAK 240 | The Craft of Artisan Breads ¹ | |
| BAK 250 | Petit Fours, Candies and Classical Mignardise ¹ | |
| BAK 265 | Comprehensive Retail Baking Operations | |
| or CUL 200 | Comprehensive Kitchen Operations for the Restaurant Industry | |
| BAK 270 | Dessert Service Capstone | 5 |
| BAK 280 | Baking and Pastry Arts Industry Internship | 10 |
| CUL 101 | Introduction to Culinary Arts ¹ | 4 |
| CUL 102 | Food Safety and Sanitation | 2 |
| CUL 104 | Applied Math for Culinary Arts | 4 |
| HM 130 | Hospitality Industry Supervision and Principles of Leadership | 4 |
| HM 150 | Procurement, Ingredient Identification and Food Cost Control | 3 |
| HM 190 | Dining Room Operations | 5 |
| HM 290 | Career Success and eFolio Presentation | 2 |
| WR 121Z | Composition I | 3-4 |
| or BA 214 | Business Communications | |
| Baking & Pastry | Specialization List | |
| Choose 8 credits | from the following: | 8 |
| BAK 225 | Entremets ¹ | |
| BAK 230 | Plated Desserts and Presentation | |
| BAK 235S | Classical French Pastries ¹ | |
| BAK 255S | Artisan Breads with Heirloom Whole Grains ¹ | |
| BAK 260 | Advanced Wedding, Celebration, and Specialty Cakes ¹ | |
| CUL 105 | International Exchange Preparation | |
| CUL 225 | Applied Harvesting and Food Preservation Principles ¹ | |
| CUL 265S | Advanced Skill Development and Culinary Competition Mastery ¹ | |
| Total Credits | 2 | 94-95 |

¹ Course carries a \$185 per credit fee for lab and consumable materials.

Advising Notes

Fall start is recommended.

The Baking and Pastry AAS is designed for students planning to enter the workforce directly after degree completion. Transferability of course credits to other public, or private institutions' degree programs is dependent on those institutions' policies.

All Baking and Pastry AAS students need to take:

• BAK 265 Comprehensive Retail Baking Operations or CUL 200 Comprehensive Kitchen Operations for the Restaurant Industry

- HM 190 Dining Room Operations
- Enrollment is limited in these courses. See your advisor about selecting fall, winter, or spring term for these courses.

BAK 298 Independent Study: Baking credits may also be available for pastry chef experience while preparing bread, desserts, or other dishes for Elevation Restaurant meals. See your academic advisor for additional information.

See COCC Bookstore for culinary pastry kit and complete Cascade Culinary Institute uniform.

Culinary program fees of \$185/credit for most lab-based courses with the CUL, BAK, or HM prefixes cover food costs and equipment maintenance. Courses associated with Elevation Restaurant (such as HM 190,CUL 200, CUL 270, BAK 265) or lecture courses (such as CUL 102, CUL 104, HM 130, HM 150, HM 290) do not have additional culinary program fees.

Performance Standards

· Academic Requirements:

- Students must have a 2.0 cumulative GPA to earn a COCC certificate or degree.
- All courses in the program must be completed with a grade of C or higher.

Sample Plan

First Year

| Fall | | Credits |
|-----------------------|--|---------|
| BAK 110 | Baking and Pastry Foundations I 4 | |
| CUL 102 | Food Safety and Sanitation | |
| CUL 104 | Applied Math for Culinary Arts 4 | |
| WR 121Z or BA 214 | Composition I 3-4 or Business Communications | |
| | Credits | 13-14 |
| Winter | | |
| BAK 140 | Baking and Pastry Foundations II | 4 |
| BAK 181 | Custards and Frozen Desserts | 4 |
| CUL 101 | Introduction to Culinary Arts | 4 |
| BAK 265 or CUL 200 | Comprehensive Retail Baking Operations ¹ or Comprehensive Kitchen Operations for the Restaurant Industry | 5 |
| | Credits | 17 |
| Spring | | |
| BAK 170 | Baking and Pastry Foundations III | 4 |
| BAK 240 | The Craft of Artisan Breads | 4 |
| HM 150 | Procurement, Ingredient Identification and Source S | |
| HM 130 | Hospitality Industry Supervision and Principles of Leadership | 4 |
| | Credits | 15 |
| Summer | | |
| BAK 280 | Baking and Pastry Arts Industry Internship | 10 |
| | Credits | 10 |

| Second Year | | |
|--|--|--|
| Fall | | |
| BAK 210 Modern Sugar an | n Sugar and Chocolate Decor 4 | |
| BAK 215 Laminated Dough | and Viennoiserie 4 | |
| HM 190 Dining Room Ope | Dining Room Operations ¹ | |
| Credits | 13 | |
| Winter | | |
| Choose one course from the Baking & Pastry Specialization List | | |
| BAK 130 Nutrition and Bak | Nutrition and Baking for Special Diets 3 | |
| BAK 220 Wedding Celebrat | Wedding Celebration and Specialty Cakes | |
| Credits | 11 | |
| Spring | | |
| Choose one course from the Baking & Pastry Specialization List | | |
| BAK 250 Petit Fours, Cand Mignardise | ies and Classical 4 | |
| BAK 270 Dessert Service C | capstone 5 | |
| HM 290 Career Success a | nd eFolio Presentation 2 | |
| Credits | 15 | |
| Total Credits | 94-95 | |

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- HM 190 Dining Room Operations Enrollment is limited in these courses. See your advisor about selecting fall, winter, or spring term for these courses.
- ² BAK 298 Independent Study: Baking Baking credits may also be available for pastry chef experience while preparing bread, desserts, or other dishes for Elevation Restaurant meals. See your academic advisor for additional information.
- ³ See COCC Bookstore for culinary pastry kit and complete Cascade Culinary Institute uniform