

NURSING ASSISTANT - ONE-YEAR CERTIFICATE OF COMPLETION (CC1)

Description

The Nursing Assistant One-Year Certificate of Completion (NA CC1) is a three-term program that trains individuals to perform authorized nursing assistant duties in a variety of health care settings. The NA CC1 also provides training as a Community Health Worker, and includes foundational classes in communications, public health, developmental psychology, math, writing, and computer concepts. Upon successful completion of all required courses in the NA CC1, and successfully obtaining related state certifications, students will be recognized by the Oregon State Board of Nursing as a certified nursing assistant (CNA), and also as a Community Health Worker.

Students may also elect to take NUR 103 Nursing Assistant as a stand-alone class. Students can apply for CNA certification with the Oregon State Board of Nursing (OSBN) after successful completion of NUR 103 Nursing Assistant. CNA certification is earned upon successfully passing the OSBN sanctioned state competency exam and state background check.

Program Learning Outcomes

Upon successful completion of the certificate, students will be able to:

1. Apply nursing assistant skills proficiently and appropriately to authorized duties.
2. Identify the hallmarks of holistic care and provide it for patients.
3. Communicate professionally and effectively with diverse individuals.

Entrance Requirements

Academic Entrance Requirements

There are no formal academic entrance requirements for this certificate.

Other Entrance Requirements

- Documentation of current immunizations required by Oregon Health Authority (Centers for Disease Control adult schedule) by the assigned due date
- Completed criminal history checks as a condition of enrollment in NUR 103 Nursing Assistant
- Completed 10-panel urine drug screen with Verified Credentials, Inc. before entering the program. With the exception of certain prescribed medications, students with a positive drug screen that prevents them from attending clinical will be disqualified from entering the program. See the [Nursing Assistant page](#) for more information.
- A current American Heart Association (International Liaison Committee on Resuscitation compliant) Basic Life Support Provider CPR card by the assigned due date
- Students must be 18 years of age by the start of clinical rotations. Please contact the department for detailed information.

Additional Costs (Beyond Standard Tuition/Fees AND TEXTBOOKS)

Material Costs

- Uniform: \$30 to \$80
- Books: \$500 per term
- Course fees and course or lab packets: \$100 per term
- Immunizations and titers: \$600
- Background check, Urine drug screen, and Immunization tracking: \$170
- American Heart Association Basic Life Support Provider CPR card: \$100
- After successfully completing NUR 103 Nursing Assistant, students can be certified by the Oregon State Board of Nursing as a Certified Nursing Assistant (CNA), by passing a state competency examination and background check. Estimated state exam and background check costs:
 - Nursing assistant competency examination: \$106
 - Electronic fingerprinting: \$70.50

Course Requirements

Course	Title	Credits
Core Courses		
HD 100CS	College Success	3
HD 103	Strategies for Life Management	2-3
or HD 109	Effective Job Search Strategies	
or HD 110	Career Planning	
Choose one course from the following:		3-4
HHP 242	Stress Management	
PHE 100	Introduction to Public Health	
PHE 210	Introduction to the Health Care System	
PHE 228	Health and Social Justice	
PHE 248	Health Psychology	
PHE 283	Introduction to Integrative Medicine	
NUR 103	Nursing Assistant	7
PHE 282	Foundations of Community Health Worker	6
PSY 215	Developmental Psychology	4
Other Required Courses		
Choose one math course from the following:		3-4
AH 105	Math for Health Sciences	
MTH 102	Applied Technical Mathematics	
MTH 105Z	Math in Society	
Or one math course from the foundational requirements math list		
BA 214	Business Communications	3-4
or WR 121Z	Composition I	
CIS 120	Computer Concepts (or Computer Competency Test)	0-4
Choose one course from the following:		3-4
AH 115	Cultural Responsiveness in Health Sciences	

BA 178	Customer Service
COMM 115	Introduction to Intercultural Communication
COMM 218Z	Interpersonal Communication
COMM 219	Small Group Communication
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Total Credits	34-43

Advising Notes

The Nursing Assistant One-Year Certificate of Completion (NA CC1) is designed for students planning to enter the workforce upon graduation; most courses are not intended to transfer. However, some courses may be transferable to public or private baccalaureate institutions for students who choose to pursue higher degrees.

Students can also enter the workforce by taking NUR 103 Nursing Assistant as a stand-alone course, they do not have to complete the NA CC1 to be eligible to apply for CNA certification through OSBN. Students must successfully complete NUR 103 Nursing Assistant in order to apply for Oregon State Board of Nursing (OSBN) certification as a CNA. To earn CNA certification, students must pass a state competency examination and state background check.

Program courses should be carefully planned. Note that PHE 282 Foundations of Community Health Worker will be offered at different campuses in different terms. NUR 103 Nursing Assistant will likely be offered in fall and spring.

NUR 103 Nursing Assistant is approved by OSBN (971-673-0685 or oregon.gov/OSBN).

For patient and personnel safety reasons, students are recommended to avoid working more than 20 hours or working a night shift during the term(s) they are taking NUR 103 Nursing Assistant. Students may not work a night shift prior to a clinical shift in NUR 103 Nursing Assistant.

Please contact the program director and/or CAP Services for more information.

Performance Standards

- Academic Requirements:
 - Students must have a 2.0 cumulative GPA to earn a COCC certificate or degree.
 - All courses in the program must be completed with a grade of C or higher.

Sample Plan

First Year

Fall		Credits
AH 105 or MTH 102 or MTH 105Z	Math for Health Sciences or Applied Technical Mathematics or Math in Society	3-4
HD 100CS	College Success	3
NUR 103	Nursing Assistant	7
Credits		13-14
Winter		
BA 214 or WR 121Z	Business Communications or Composition I	3-4
CIS 120	Computer Concepts	0-4
Choose one course from the following:		3-4

HHP 242	Stress Management	
PHE 100	Introduction to Public Health	
PHE 210	Introduction to the Health Care System	
PHE 228	Health and Social Justice	
PHE 248	Health Psychology	
PHE 283	Introduction to Integrative Medicine	
PSY 215	Developmental Psychology	4
Credits		10-16

Spring

HD 103 or HD 109 or HD 110	Strategies for Life Management or Effective Job Search Strategies or Career Planning	2-3
PHE 282	Foundations of Community Health Worker	6
Choose one course from the following:		3-4
AH 115	Cultural Responsiveness in Health Sciences	
BA 178	Customer Service	
COMM 115	Introduction to Intercultural Communication	
COMM 218Z	Interpersonal Communication	
COMM 219	Small Group Communication	
Credits		11-13
Total Credits		34-43