

COMMUNITY HEALTH - ONE YEAR CERTIFICATE (CC1)

Description

The Community Health Certificate of Completion prepares students to work in the fields of public health, health care, and community-based organizations. Jobs in the public health field include community health worker, wellness coach, sustainable practices/advocacy, peer-centered support specialist, outreach case manager, and community health advocate. Graduates work to reduce unequal rates of illness and death between different communities, promote wellness, and advocate for health equity. All course work can be applied to the Public Health Associates of Art Degree of Transfer. Courses cover foundations of public health, sustainable development, motivational interviewing, and health promotion strategies.

program learning outcomes

Upon successful completion of the program, students will be able to:

1. Demonstrate knowledge of available community resources to support a person's health goals.
2. Explain the importance of understanding complex practices, values, beliefs and culturally and historically defined differences within the context of community health.
3. Demonstrate entry-level proficiency in Oregon Health Authority Traditional Health Worker core competencies.
4. Explain the relationship between human behavior and health.

entrance requirements

Recommended:

- Complete GED or High School Diploma

Other Entrance Requirements

Required:

- The Traditional Health Worker (THW) approval process requires a background check through the Oregon Health Authority. This process is apart of the THW application process upon completing a Community Health Worker or Peer Support Specialist Training.
- Some field practicum sites may require documentation of current immunizations, including the COVID-19 vaccine. Please contact the program director if you have any questions.

course requirements

Course	Title	Credits
Core Courses		
HHP 100	Introduction to Public Health	4
HHP 110	Public Health Professions	1
HHP 228	Health and Social Justice	4
or HHP 248	Health Psychology	
HHP 267	Wellness Coaching Fundamentals	3
HHP 281	Practicum-Health Promotion/Public Health	1
HHP 282	Foundations of Community Health Worker	6
HHP 284	Community Health Promotion Planning	3
HHP 295	Health and Fitness	3
Choose up to seven credits from the following core electives:		7

SUS 101	Introduction to Sustainability	
HHP 183	Peer Support Specialist Training	
HHP 210	Introduction to the Health Care System	
HHP 231	Human Sexuality	
HHP 268	Sustainable Food and Nutrition	
HHP 283	Introduction to Alternative Medicine	
Support Courses		
Communication		3-4
BA 214	Business Communications	
or WR 121Z	Composition I	
Computation		3-4
MTH 105Z	Math in Society (or any course within Related Instruction Computation)	
Human Relations		4
COMM 218Z	Interpersonal Communication	
or COMM 218	Small Group Communication	
or COMM 115	Introduction to Intercultural Communication	
or PSY 216	Social Psychology	
Total Credits		42-44

performance standards

Students must have a 2.0 cumulative GPA to earn a COCC certificate or degree.

sample plan

First Year		
First Term		Credits
WR 121Z	Composition I	3-4
or BA 214	or Business Communications	
HHP 100	Introduction to Public Health	4
HHP 267	Wellness Coaching Fundamentals	3
HHP 282	Foundations of Community Health Worker	6
Credits		16-17
Second Term		
HHP 110	Public Health Professions	1
HHP 228	Health and Social Justice	4
or HHP 248	or Health Psychology	
HHP 284	Community Health Promotion Planning	3
HHP 295	Health and Fitness	3
Core elective		3
Credits		14
Third Term		
COMM 115	Introduction to Intercultural Communication	4
or COMM 218Z	or Interpersonal Communication	
or COMM 219	or Small Group Communication	
or PSY 216	or Social Psychology	
HHP 281	Practicum-Health Promotion/Public Health	1
MTH 105Z	Math in Society (or any course within Related Instruction Computation)	3-4

Core elective	4
Credits	12-13
Total Credits	42-44